

PASSIONIST  
EARTH & SPIRIT CENTER

1924 NEWBURG ROAD • LOUISVILLE, KY 40205 • 502.452.2749 • WWW.EARTHANDSPIRITCENTER.ORG

MEDITATION 4 AND 5  
Contemplative Compassion



THE School OF  
Meditation

Classes Begin February 2017

A Special Combined Class  
for All Students in  
Med 4 and Med 5

THREE OPTIONS

BEGINNING FEBRUARY 14, 2017

- Tuesday mornings  
10:00 – 11:30 AM
- Tuesday afternoons  
1:00 – 2:30 PM
- Tuesday evenings  
7:00 – 8:30 PM



MEDITATION 4 AND 5  
Contemplative Compassion  
Cultivating a Boundless Heart  
with Harry Pickens

Compassion is central to every major faith tradition. It is the desire we have to love ourselves more deeply and to experience a sense of connection with others. Compassion impels us to nurture an open heart, to work at alleviating human suffering, and to honor the sanctity of all beings. Meditation is a strategy for uncovering this radiant beauty in ourselves and manifesting it in the world. This course explores the methods of meditation for cultivating compassion, loving-kindness, and empathy that enable us to be agents of healing in a wounded world.

- Ten Tuesday classes: February 14, 21, 28, March 7, 14, 28, April 4, 11, 18, 25, 2017
- Time: 10:00–11:30 A.M. OR 1:00–2:30 P.M. OR 7:00–8:30 P.M. The same class is offered morning, afternoon and evening.
- Instructor: Harry Pickens
- Course fee: \$175. However, no one will be refused for lack of funds. Some scholarships are available upon request.
- Register using this form or online at [www.earthandspiritcenter.org](http://www.earthandspiritcenter.org) or call 502.452.2749.

✂ ..... REGISTRATION .....  
Registration for Spring 2017 **Meditation 2 – THE WAY OF WISDOM AND INSIGHT** (10 sessions, \$175)

(check one)  Monday mornings  Monday evenings

Registration for Spring 2017 **Module 2 – SPIRITUAL INTEGRATION COMMUNITY** (5 sessions, \$75)

(check one)  Wednesday mornings  Wednesday evenings

Name \_\_\_\_\_ Phone (PRIMARY) \_\_\_\_\_

Address \_\_\_\_\_ Phone (SECONDARY) \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

Please enclose \$175 to reserve your place. Make checks payable to: Earth & Spirit Center. See our website for refund policy.

MAIL TO: Earth & Spirit Center • 1924 Newburg Road • Louisville, KY 40205 • 502.452.2749



## Academy for Living in Harmony

### Module 4 – Spring 2017

#### Meditation 4

### Contemplative Compassion

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#### Meditation 4

### Spiritual Integration Community

The Spiritual Integration Community offers an opportunity to deepen your spiritual path and understanding. It provides a forum for personal formation experience and group spiritual guidance. Structured as a companion to Med 4—Contemplative Compassion, students learn reflective practices to help them integrate meditative insights and apply them to their lives.

- Option 1 – Thursday morning 10:00-11:30 a.m.  
March 9, 23, April 6, 20, 27, 2017  
Facilitator: Natasha Burrowes, MATS
- Option 2 – Sunday afternoons 12:30-2:00 p.m.  
March 5, 19, April 2, 23, 30, 2017  
Facilitator: Kathleen Kaelin, OSU
- Fee: \$75. No one is refused for lack of funds.
- 15 participant limit. Registration deadline March 2.

### Saturday Seminar and Tour Environmental Justice

March 11, 2017

9:00 a.m. to 2:30 p.m.

Through classroom activities and a West Louisville bus tour, this workshop will help you understand the connections between environmental challenges, the health of our bodies and our communities, and issues of race, income, and justice – and give you resources to make a difference.

- Presenter: Tim Darst
- Suggested donation is \$5-\$50 (valued at \$50). Donations will be collected day of. Seats are limited and pre-registration is required. A \$10 administrative fee will be assessed for cancellations within 7 days of the workshop.

### Saturday Seminar and Pilgrimage Eyes Wide Open

May 13, 2017

9:00 a.m. to 2:30 p.m.

The lense through which we view the world is changed when the ground beneath our feet shifts. This seminar is a mobile meditation through downtown Louisville exploring historical and current issues of injustice, resistance, and social change. This 1.5 mile pilgrimage uncovers boundaries and bridges for a deeper appreciation of our city through prayer, meditation, reflection, and experiential learning.

- Presenter: David Harvath and Joe Grant
- Suggested donation is \$5-\$50 (valued at \$50). Donations will be collected day of. Space is limited and pre-registration is required. \$10 administrative fee assessed for cancellations within 7 days of the workshop.

### Engaged Compassion

#### Wise, Skillful, Practical Compassion for the Good of the World

Engaged Compassion is a practical spiritual formation program for persons who seek to deepen their skills and capacities for compassionate living. It offers a unique process that transforms the desire to help others into practical actions that change the world for good. This five-week course focuses on building skills, expanding perspectives, developing vision and exploring contemplative practices that are critical in dismantling structural oppression and caring for the Earth and all its creatures.

- 5 weeks beginning the week of May 8; exact dates to be determined; morning and evenings sessions
- Fee: \$100 paid by April 30, 2017; \$120 after May 1, 2017

**Register using the form on opposite side of this page, OR  
online at [www.earthandspiritcenter.org](http://www.earthandspiritcenter.org) OR call 502.452.2749.**