

**Fall 2018**  
**Meditation and the World**  
**Readings and Films**

### **Readings for Week 2**

Readings in preparation for Week 2

2-1 “The Lens Through Which We See” by Joe Mitchell

2-2 “The Meadow Across the Creek” by Thomas Berry, from *The Great Work: Our Way into the Future*, Chapter 2

Internet viewing

1. Watch: “The New Story” with Brian Swimme, located on YouTube at *Brian Swimme Video Series*: “Swimme 1: The New Story” (6:48) [https://www.youtube.com/watch?v=TRykk\\_0ovI0](https://www.youtube.com/watch?v=TRykk_0ovI0)

Extra Credit (only if you have the interest and time)

For background on Thomas Berry, explore his website [www.thomasberry.org](http://www.thomasberry.org). There you can find many essays and videos of his lectures.

### **Readings for Week 3**

Readings in preparation for Week 3

3-1 “The New Story” by Thomas Berry

3-2 “Turning Point: A Science of Living Systems” by Fritjof Capra

Internet viewing

1. Watch “The History of Our World in 18 Minutes” a TED talk by David Christian (17:40) <https://www.youtube.com/watch?v=yqc9zX04DXs>
2. Watch “Ecology: A New Story” by Brian Swimme, lecture at Seattle University, available on YouTube (73:28) <https://www.youtube.com/watch?v=qeX8Tzt8ur0>

### **Readings for Week 4**

Readings in preparation for Week 4

4-1 “How to Build a Universe” by Bill Bryson, from *A Short History of Nearly Everything*, Chapter 1  
1 “The Epic of Evolution” by Brian Swimme

4-2 “The Contemplative and the Cosmos” by Beatrice Bruteau, from *God’s Ecstasy: The Creation of a Self-Creating World*, Chapter 1

Internet viewing

1. Watch: “Where Are We” by Brian Swimme, located on YouTube at *Brian Swimme Video Series*: “Swimme 2: Where Are We?” (8:03) <https://www.youtube.com/watch?v=sZckDXoFSy0>
2. Watch “Birth to Earth” by Brian Swimme, located on YouTube at *Brian Swimme Video Series*: “Swimme 3: Birth to Earth” (10:27) [https://www.youtube.com/watch?v=SDr9wh\\_dGH8](https://www.youtube.com/watch?v=SDr9wh_dGH8)
3. Watch “Earth to Life” by Brian Swimme, located on YouTube at *Brian Swimme Video Series*: “Swimme 4: Earth to Life”, (10:41) <https://www.youtube.com/watch?v=DaI6lCNZvZ0>
4. Watch “Life to Human” by Brian Swimme, located on YouTube at *Brian Swimme Video Series*: “Swimme 5: Life to Human” (8:57) <https://www.youtube.com/watch?v=FnRJb-c4JEU>
5. Watch “A Brief History of Everything” by Neil deGrasse Tyson. An astrophysicist, cosmologist, author, science communicator, and director of the Hayden Planetarium in New York, Tyson presents a brief summary of the new cosmology coming from observational science. (8:30) <https://www.youtube.com/watch?v=7KYTJ8tBoZ8>

## Readings for Week 5

Readings in preparation for Week 5

- 5-1 “A God for Evolution” by John Haught, from *God After Darwin*, Chapter 6
- 5-2 “Our Living Universe” by Duane Elgin
- 5-3 “The Epic of Evolution” by Thomas Berry

Reading available on Internet

1. “Overview of Cosmic Evolution” by Eric Chaisson  
[http://www.cfa.harvard.edu/~ejchaisson/cosmic\\_evolution/docs/fr\\_1/fr\\_1\\_site\\_summary.html](http://www.cfa.harvard.edu/~ejchaisson/cosmic_evolution/docs/fr_1/fr_1_site_summary.html)

Internet viewing

1. Watch “Journey of the Universe,” with Brian Swimme (2011) This epic award winning documentary (60 minutes) explores the human connection to Earth and the cosmos. Learn about the only planet on which you will live. The film aired on PBS and is available online at [www.vimeo.com/36950412](http://www.vimeo.com/36950412). Use password: whowouldyoube619. Website: [www.journeyoftheuniverse.org](http://www.journeyoftheuniverse.org).

## Readings for Break Week

Internet viewing

- 1 Watch “Home,” an extraordinary movie about the only planet on which you’ll live. This 90 minute evening activity will help you understand why caring for creation is so important. You can learn more about how to protect and preserve our environment by living a lifestyle that is more respectful of the Earth and its inhabitants. <http://www.homethemovie.org/en>

## Readings for Week 6

Readings in preparation for Week 6

- 6-1 “The Origin of the Human” by Brian Swimme and Mary Evelyn Tucker, from *Journey of the Universe*, Chapter 8
- 6-2 “Becoming a Planetary Presence” by Brian Swimme and Mary Evelyn Tucker, from *Journey of the Universe*, Chapter 9
- 6-3 “One with the Universe” by Albert Nolan, from *Jesus Today: A Spirituality of Radical Freedom*, Chapter 16

Reading available on Internet

1. “Being Human in the Age of Humans” by Rick Potts  
[http://static1.1.sqspcdn.com/static/f/558814/24193191/1389465212067/Being\\_Human.pdf?token=%2BtEXzZta%2F67X2X06andiM6Tnwdg%3D](http://static1.1.sqspcdn.com/static/f/558814/24193191/1389465212067/Being_Human.pdf?token=%2BtEXzZta%2F67X2X06andiM6Tnwdg%3D)

Internet activities

1. Watch “The Current Moment” by Brian Swimme, located on YouTube at *Brian Swimme Video Series: “Swimme 6: The Current Moment”* (9:35) <https://www.youtube.com/watch?v=Jw0RS2Tfk74>
2. Watch “Why We Struggle Now” a TEDex talk by Michael Dowd (20:26)  
<https://www.youtube.com/watch?v=DDMOF7qtlh8>

## Readings for Week 7

Readings in preparation for Week 7

- 7-1 “Good-Bye” by Bill Bryson, from *A Short History of Nearly Everything*, Chapter 30
- 7-2 “America: What Happened” by Thomas Berry, essay (unpublished)
- 7-3 “Easter’s Collapse” by Jared Diamond

Reading available on Internet

1. “The Historical Roots of Our Ecological Crisis,” a classic essay published in 1967 by Lynn White, professor of history at Princeton and UCLA, identified Christian ethos along with the Industrial Revolution as critical shapers in human attitudes toward treating nature as a resource to be exploited.  
<http://www.zbi.ee/~kalevi/lwhite.htm>

Internet activities

Awakening the Dreamer is a free online course focusing on four questions: where are we, how did we get here, what is possible now, where do we go from here? It is a two-hour, self-guided online course designed to awaken you to the challenges and opportunities of this critical moment in history, and inspire you into action. You can take the course in one sitting, or break up the experience into smaller units over a period of time. Sign-up for the free course and receive access to the videos.

Watch two videos in part 2 (How Did We Get Here): “The Challenges Facing the Environment” (4:20) and “Delving into Social Justice and Spiritual Fulfillment” (10:07)

<https://landing.pachamama.org/awakening-the-dreamer-2-hour-online-course>

## Readings for Week 8

Readings in preparation for Week 8

- 8-1 “Emerging Earth Community” by Brian Swimme and Mary Evelyn Tucker, from *Journey of the Universe*, Chapter 8
- 8-2 “The Great Work” by Thomas Berry, from *The Great Work: Our Way Into the Future*, Chapter 1
- 8-3 “The Ecozoic Era” by Thomas Berry, presentation given at the Eleventh Annual E. F. Schumacher Lectures, October 1991

## Readings for Week 9

Readings in preparation for Week 9

- 9-1 “How Can We Give the Earth a Future?” by Leonardo Boff, presentation at the Inaugural Lecture of the University of Costa Rica Academic Cycle, 2007
- 9-2 “Our Way Into the Future: A Communion of Subjects” by Thomas Berry
- 9-3 “The Evolution of Consciousness” by Peter Russell
- 9-4 “The Banquet of Faith” by Elizabeth Johnson

Internet activities

1. Watch “Teilhard de Chardin” documentary introduction” available on YouTube (7:59)  
<https://www.youtube.com/watch?v=xz1YUICfiGQ>
2. Watch “Evolution: A Christian Perspective,” a segment from a lecture on Teilhard de Chardin at Georgetown University by Ilia Delio available on You Tube (8:26)  
<https://www.youtube.com/watch?v=f2C1SO9lz98>

## Readings for Week 10

Readings in preparation for Week 10

10-1 “The Spirituality of the Earth” by Thomas Berry

10-2 “Cosmic Christ” by Ron Rolheiser

10-3 “The World as God’s Body” by Sallie McFague

10-4 “A World of Wonder” by Thomas Berry

Internet activities

1. “Reality Reconciles Science and Religion” a TEDex talk by Michael Dowd (18:14)

<https://www.youtube.com/watch?v=1QeTWVw9Fm4>

2. “The Wombat” (1:03) <https://www.youtube.com/watch?v=IH3MPgZDo>