



1924 NEWBURG ROAD • LOUISVILLE, KY 40205 • 502.452.2749

## **Mindfulness Meditation Training Program Processing and Safeguarding Your Information**

### **Safeguarding Your Personal Information**

The Earth & Spirit Center cares about your privacy. The information you provide on this form and in the application process will be treated confidentially unless disclosure is required by law. By completing and submitting this form, you give your consent to the storage and use of this information by the Passionist Earth & Spirit Center as described below.

#### **Details of the Processing of Your Information**

- Your application forms for the Mindfulness Meditation Training Program (MMTP) are initially received by the staff person at the Earth & Spirit Center acting as Administrative Assistant.
- Once all of your application materials have been received (Application Form, Letter of Recommendation, and \$100 deposit) the Administrative Assistant in turn passes your Application Form and Letter of Recommendation to one of the MMTP faculty for review.
- Only MMTP faculty are given permission to read your application materials or anyone designated to handle special circumstances and conditions evident in the application form pursuant to accepting or declining you into the program.
- Your data will be retained by the Earth & Spirit Center until the conclusion of the MMTP course in which you are enrolled. Or, should you withdraw from the program or not be accepted, your data will be immediately destroyed.
- You are providing the information voluntarily. The Earth & Spirit Center will strive to properly safeguard your personal information. By completing and submitting this form you acknowledge the risks involved in the transfer, use or loss of your data and that you will not hold the Earth & Spirit Center responsible.
- You have the right to withdraw your consent at any time, in which case your data will be destroyed and your application will not be processed further.

I have read and agree to the terms of this application.

# APPLICATION FORM

## Mindfulness Meditation Training Program

Please type your responses in the fields below. When you have completed the form, save it to your computer and send it as an email attachment to [admin@earthandspiritcenter.org](mailto:admin@earthandspiritcenter.org) with "MMTP Application from (your name)" in the subject line. Please respect the word limit and use only the space provided in this form. Handwritten applications will not be accepted.

1. Contact information

Last Name

First Name

Middle Name

Address

City

State

Zip

Phone

Email

Profession

2. An application deposit of \$100 is part of the application process. How are you submitting the deposit? Application forms without deposit will not be considered. If your application is not accepted, your deposit will be refunded in full.

Online payment

Mailed a check

Via phone call

Hand delivered

Not submitted

3. Have you read the online description, structure, qualifications and requirements for the Mindfulness Meditation Training Program at [www.earthandspiritcenter.org](http://www.earthandspiritcenter.org)?

Yes

No

4. Did you go through a discernment process similar to the one described on the Earth & Spirit Center website before making the decision to apply for the Mindfulness Meditation Training Program?

Yes                      No

If yes, briefly describe your discernment process? (100 words or less)

5. What do you hope to gain from this program? (200 words or less)

6. Briefly describe your meditation practice. (100 words or less)

7. One of the qualifications necessary for acceptance into the program is completion of a basic introduction to mindfulness meditation course. Have you received basic training or instruction in mindfulness meditation?

Yes                      No

If yes, where were you trained, who was the teacher, and what was the length of training? (50 words or less)

8. List any additional meditation retreats or training you have attended. (date, teacher, length) (50 words or less)

9. What are some of the personal strengths that you would bring to the work of guiding others in mindfulness and compassion meditation? (200 words or less)

10. What are the areas of your inner life and behavior that you sense need attention, or development, or have been stressful, and how are you addressing them? (200 words or less)

11. Do you have any physical health problems, medical conditions or diseases that would impact your participation in the program?

Yes                  No

If yes, please explain. (50 words)

12. Do you have, or have you ever had, any mental health conditions or substance abuse issues?

Yes                  No

If yes, please explain. (50 words)

13. How would you like to use the training gained from this program? (200 words or less)

14. The Earth & Spirit Center is considering offering CEUs in some professions if feasible, but that is not definite at this point. Are you interested in receiving CEU's for this program?

Yes                      No

If yes, for what professional organization(s) would you seek CEUs? Would receiving CEUs be a requirement for your attendance? (50 words or less)